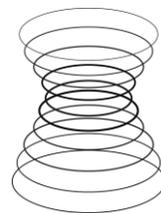


PRENATAL AND POSTNATAL SCREENING FORM



NAME:

DATE:

If postnatal please answer all questions

If pregnant for the first time, please go to question 8

How many times have you given birth?

Age of child/ren _____

Type of birth (vaginal/c-section) _____

Assisted delivery (forceps, vacuum) _____

1. Did you have an episiotomy or tear with any of the births? Yes/No
2. To your knowledge did you have abdominal separation after birth? Yes/No
3. When you get out of bed in the morning, do you see any bulging or doming (pushing out) of your abdomen? Yes/No
4. Do you have bulging of your abdomen during exercise? Yes/No
5. Do you feel pain with intercourse? Yes/No
6. Are you breastfeeding? Yes/No
7. Do you feel any pain or clicking in the front or back of your pelvis? Yes/No
8. Do you have ongoing back, pelvis, groin or abdominal pain? Yes/No
9. Do you experience difficulty breathing, feeling short of breath? Yes/No
10. Do you ever leak urine when you cough, sneeze, laugh or run? Yes/No

11. Do you often need to go to the toilet in a hurry, or find it difficult to get there in time, if you are out and about? Yes/No
12. Do you ever lose control of your bowel or accidentally pass wind a lot? Yes/No
13. Do you have haemorrhoids that aren't improving? Yes/No
14. Have you been experiencing constipation? Yes/No

15. Do you ever feel that you are not able to empty your bladder properly, or that you have to strain to do so? Yes/No
16. Do you ever have the need to pass urine, but then find when you go there is very little there? Yes/No
17. Do you experience any feeling of 'dragging', 'heaviness' or bulging in your vaginal area (worse if you are tired or at the end of the day)? Yes/No
18. Do you have trouble with any daily task due to pain, leakage, or any other symptoms? Yes/No
19. Do you have wrist pain with numbness and pins and needles around the thumb, index and middle finger and one side of ring finger? Yes/No
20. Do you have pain and swelling around thumb area &/or side of wrist? Yes/No
21. Do you have pain around the coccyx/ tailbone area? Yes/No